



HEALTHY CANTEEN CHECKLIST

- Have water available and promote it
- Put water at the front of the fridge and top of the esky
- Reduce the amount of sugary drinks available
- Have healthy foods on the menu (such as fruit)
- Add veggies and salads to menu options
- Reduce the amount of lollies and chocolate available
- Put healthy options on the counter and move unhealthy options out of sight
- Promote healthy food options with posters and meals deals
- Have a healthy food and drink policy

